

Epinephrine Injection Instructions

A dose of epinephrine injection, USP auto-injector requires 3 simple steps: Prepare, Administer and Get emergency medical help

Step 1. Prepare epinephrine injection, USP auto-injector for injection



Remove the epinephrine injection, USP auto-injector from the clear carrier tube.

Flip open the yellow cap of your epinephrine injection, USP auto-injector, 0.3 mg or the green cap of your epinephrine injection, USP auto-injector, 0.15 mg carrier tube.



Tip and slide the auto-injector out of the carrier tube.



Grasp the auto-injector in your fist with the orange tip (needle end) pointing downward.

With your other hand, remove the blue safety release by pulling straight up without bending or twisting it.

Note:

- The needle comes out of the orange tip.
- To avoid an accidental injection, never put your thumb, fingers or hand over the orange tip. If an accidental injection happens, get medical help right away.

Step 2. Administer epinephrine injection, USP auto-injector

If you are administering epinephrine injection, USP auto-injector to a young child, hold the leg firmly in place while administering an injection.



Place the orange tip against the middle of the outer thigh (upper leg) at a right angle (perpendicular) to the thigh.

Swing and push the auto-injector firmly until it ‘clicks’. The click signals that the injection has started.



Hold firmly in place for 3 seconds (count slowly 1, 2, 3). The injection is now complete.

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Remove the auto-injector from the thigh. The orange tip will extend to cover the needle. If the needle is still visible, do not attempt to reuse it.



Massage the injection area for 10 seconds.

Step 3. Get emergency medical help now.

You may need further medical attention. You may need to use a second epinephrine injection, USP auto-injector if symptoms continue or recur.

- Take your used auto-injector with you when you go to see a healthcare provider.
- Tell the healthcare provider that you have received an injection of epinephrine. Show the healthcare provider where you received the injection.
- Give your used epinephrine injection, USP auto-injector to the healthcare provider for inspection and proper disposal.
- Ask for a refill, if needed.

Note:

- The used auto-injector with extended needle cover will not fit in the carrier tube.
- Epinephrine injection, USP auto-injectors are single-use injectable devices that deliver a fixed dose of epinephrine. The auto-injector cannot be reused. Do not attempt to reuse epinephrine injection, USP auto-injector after the device has been activated. It is normal for most of the medicine to remain in the auto-injector after the dose is injected. The correct dose has been administered if the orange needle tip is extended and the window is blocked.
- Your epinephrine injection, USP auto-injectors may come packaged with an epinephrine injection, USP auto-injector Trainer and separate Trainer Instructions for Use. The epinephrine injection, USP auto-injector Trainer has a grey color. The grey epinephrine injection, USP auto-injector Trainer contains no medicine and no needle. Practice with your epinephrine injection, USP auto-injector Trainer, but always carry your real epinephrine injection, USP auto-injector in case of an allergic emergency.
- If you will be administering epinephrine injection, USP auto-injector to a young child, ask your healthcare provider to show you how to properly hold the leg in place while administering a dose.
- Do not try to take the epinephrine injection, USP auto-injector apart.

Visit yalehealth.yale.edu/more/show-me-how for an instructional video.

This Patient Information and Instructions for Use has been approved by the U.S. Food and Drug Administration.
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